Personal Narrative

The feeling of thankfulness is important since it is associated with positive emotions such as happiness, love, and contentment. People should be thankful to others for their help, support, and kindness. Showing gratitude to others shows our appreciation for what they have done for us and lets them know that we value their assistance. Additionally, being thankful can help to build and strengthen relationships. When we express our gratitude, others are more likely to be willing to help us in the future, creating a positive cycle of giving and receiving. This paper seeks to share a colorful story about an experience or event for which I felt thankful during a certain event.

I was born in Seoul, South Korea, but later my family immigrated to the United States when I was five years old. Since I was young, my parents have instilled education's importance in me. They stressed that if I worked hard in school, I could achieve anything I wanted in life. I took their words to heart and worked diligently in school. My hard work paid off when I was accepted into Brown University. I was overjoyed when I discovered I had been accepted into Brown University. It was my dream school, and I had worked hard to get there. I was the first person in my family to go to college, and I wanted to make my parents proud. My first year of college was tough. I was homesick and struggled to keep up with my coursework. I was also worried about money. My parents had sacrificed a lot to send me to college, and I didn't want to waste their money.
One day, I was feeling particularly down, and I decided to go for a walk around campus (\@3). As I was walking, I ran into one of my professors. We started chatting, and he asked me how I was doing. I told him that I was struggling. He told me he could tell I was struggling and offered to help me. He told me he would be happy to meet with me outside of class to help me with my coursework. I was so grateful for his offer. I met with him regularly, and he helped me to improve my grades. I was also able to make some friends through him. Without my professor's help, I would have struggled a lot more in my first year of college (\@2). I am grateful for his help and his friendship (\@2). I am also grateful for my parents' support and their sacrifices. I am now in my senior year of college and on track to graduate. I am still in touch with my professor and plan to pursue a career in education. I am thankful for all the people who helped me get where I am today (\@2). It's my humble prayer that God bless them, and whenever they need any help, may they be granted one.

We should exemplify gratitude, especially after being helped in times of need, because it sets the tone for how we want to be treated and how we want to treat others. We are more likely to be kind, forgiving, and helpful when we are grateful. Gratitude also creates a positive feedback loop, making us more likely to experience future good fortune and be successful.