Growing up in a Small Rural Community

I grew up in a rural community which had a low population. The community I grew up in also has few businesses that are spread out. Most of the community members in the area I grew up in are farmers and practice agriculture. Further, in the rural community I grew up in, there was a lot of the country's native wildlife due to the absence of buildings and people. Therefore, I am thankful to the rural community I grew up in for enhancing my wellbeing and making me who I am today.

I am thankful the rural community I grew up in enhanced my wellbeing by providing a powerful sense of local community. The rural community I grew up in had a few populations; therefore, the community members were closely knit. In the rural community I grew up in, it was normal to say hello to strangers we met on the community paths and smile at them. Therefore, I am glad that experiencing such a connection with other people in my rural community when growing up impacted a sense of community togetherness. Also, the greater sense of community when growing up in my rural community was helpful to my mental health.

Further, I am thankful that the rural community I grew up in offered me a relaxed pace of experiencing life. The rural community I grew up in had natural landscapes and sceneries soothing my mind. Also, my rural community's green spaces and open fields permanently lowered my stress levels. In addition, I am grateful the rural community I grew up in had less polluted air as no industries and many vehicles were polluting the air. Further, I am thankful the rural community I grew up in was always clean, as there were no litter. The
rural community experience when growing up also made me keen on the environment and always minimize littering the environment. Moreover, I am thankful that the rural community I grew up in was a quiet place which made me treasure the peace that comes with silence and meditation, which are now my daily habits. Moreover, I am thankful that the rural community I grew up in had fewer crimes, which shaped my honest character due to less peer influence.

Also, I am thankful that the rural community I grew up in made me reduce my cost of living. In the rural community I grew up in, we used to plant groceries for consumption. Therefore, that made me build a kitchen garden and plant my groceries, saving the money I would have spent on expenses such as purchasing groceries. In addition, I am thankful the rural community I grew up had few entertainment joints. Therefore, I learnt to survive without relying on outsiders and brands for entertainment, saving me money that I would have used on the entertainment joints. Hence, I am thankful that the savings culture I have embraced today and the minimalist spending are courtesy of the rural community I grew up in.

Moreover, I am grateful the rural community I grew up in improved my wellbeing through its spaces. In the rural community I grew up in, I could walk barefoot in the sand and swim in natural rivers. Compounding these habits of interacting with nature has improved the quality of my life. Also, growing up in a rural community enabled me to interact with wildlife and nature. Thus, interacting with wildlife and nature refocused my life on what matters.

In addition, I am thankful for the rural community I grew up in, which offered me chances to live an active lifestyle. In the rural community I grew up in, there were no transit buses; therefore, I walked to school and back. Further, due to agricultural practice in the rural community I grew up in, I could participate in farming activities during my free time. The opportunity to lead an active lifestyle in the rural community I grew up in made me love exercising.
In brief, I am thankful for the experience growing up in a small rural community offered me. The small rural community enhanced my wellbeing through its nature that reduced stress. Further, the small rural community made me assume minimalist spending as I did not rely on entertainment joints to be happy. In addition, I am thankful that growing up in a small rural community made me experience a powerful sense of local community. The greater good I experienced from relating well with all the community members instilled in me public relations skills. Further, I am thankful that growing up in a small rural community made me enjoy a relaxed pace of life. The relaxed life in the rural community was devoid of immoral behaviors such as crime. Hence, I am grateful the experience of growing up in a small rural community strengthened my character.