Score 81.1

Last Name

Student's Name

Professor's Name

Institution

Date

|Comment:| No formal writing style indicated. Document formatting is fair, with room for improvement. Document formatting issues: vertical spacing; horizontal spacing; line spacing; body header; page header; font control. |Observations:| {Integrity}: 100%. {Length}: 100%. {Mechanics:} 94% (spelling 100%, grammar 97%, punctuation 93%, word choice 86%). {Citation formatting:} ungraded. {Reasoning, logic:} 69% (efficiency 51%, acuity 73%, clarity

100%, objectivity 51%).

Personal essay

They say that a feeling of gratitude has the power to transform lives. It holds the immense ability to uplift spirits, create deep connections, and illuminate even the darkest of days. Personally, I have experienced this transformative effect firsthand through a powerful story that exemplifies the incredible feeling of gratitude. Join me on this journey as we delve into the tale that changed my life forever.

It was a typical summer evening as I sat on the porch, savoring the gentle breeze that swept through the air. Lost in thought, my mind wandered to the many wonders of life that often go unnoticed. Deep down, I yearned for a profound experience that would awaken my inner gratitude. Little did I know, that experience was just around the corner.

In the heart of the city, a homeless shelter stood tall with open doors, welcoming those in need. Intrigued by its abundance of stories, I reached out to a local organization, expressing my desire to volunteer. Within hours, I received a response from the organization coordinator, inviting me to a meal service the following day.

Nervous yet excited, I arrived at the shelter early morning, ready to lend a helping hand. As trays of warm food were distributed, I witnessed faces light up with gratitude, despite the adversity they faced. It was an indescribable feeling, seeing how such a simple gesture of kindness could make a world of difference to someone in need.

One particular individual, a middle-aged man named John, caught my attention. As we engaged in conversation, he shared his compelling life story, filled with hardships and loss. Despite his struggles, John emanated an aura of gratitude that was contagious. He reminded me that gratitude is not limited to certain circumstances, but rather, it is a mindset that can be cultivated.

With newfound inspiration, I dedicated myself to expressing gratitude in my own life. Each day, I reflected upon the blessings that often went unnoticed – a warm cup of coffee, the embrace of loved ones, or the beauty of a sunrise. It was astonishing how a shift in perspective could amplify the feeling of gratitude and bring so much joy and contentment.

As time went by, I continued my involvement at the shelter, learning more about the individuals who sought refuge there. Their stories touched my heart, leaving an indelible mark on my soul. Through their resilience, I gained a greater appreciation for the simple pleasures that life bestowed upon me.

One winter evening, as snowflakes cascaded gently from the sky, I gathered with the residents of the shelter for a holiday meal. Laughter filled the room as we exchanged stories and celebrated togetherness. It was during this heartwarming moment that I realized the true power of gratitude. Even in the bleakest of circumstances, a feeling of gratitude had the power to ignite hope, foster joy, and create a sense of belonging.

Gratitude is not merely a feeling but a transformative force that has the potential to shape our lives. Through my experiences at the shelter, I discovered the incredible power of expressing and feeling grateful. The story of John and the other residents exemplifies how a simple act of kindness and appreciation can transcend adversity and instill hope in even the darkest corners of our world. Let us embrace the feeling of gratitude and unlock its profound ability to inspire change and shift our perspective to the beauty that lies within every moment of our lives.